

# Forces

This section covers Chaos Phoenix force helpers.

## Overview

---

Phoenix provides a number of forces for controlling the simulation.

- [Plain Force](#) - Pushes the fluid in a specified direction to simulate wind or gravity.
- [Body Force](#) - Creates a force to pull the fluid toward a geometry object.
- [Follow Path](#) - Pushes a fluid along a spline.
- [Wave Force](#) - Creates waves inside a liquid simulator, primarily for ocean simulations.
- [Turbulence](#) - Adds movement similar to fractal noise.
- [Active Body Thruster](#) - Creates procedural animations inside Phoenix - moves Active Bodies with a directable engine force.
- [Active Body Axis Lock](#) - Restricts Active Bodies to move or rotate along a selected horizontal or vertical axis.

Note that Phoenix also supports the use of native **3ds Max Forces**, including important ones such as Vortex, Wind and Drag.

---

UI Path: ||Create panel|| > **Helpers** > **PhoenixFD category**